

- **SWEET FRUIT KABOB**

- These fruit kabobs are a healthy way to end a night of grilling family fun. They are naturally sweet and caramelize on the grill for a nice texture.
- Ingredients
 - 3 bananas, thick slices
 - 2 Bartlett pears, sliced into thick wedges
 - 2 granny smith apples, sliced into thick wedges
 - 2 peaches, sliced into thick wedges
 - 1 fresh pineapple cubed
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 - Marinade:
 - 1 cup grapefruit juice
 - 1/2 cup honey
 - 3/4 teaspoon chopped fresh mint
- Method
 - Combine juice, honey, and mint. Marinate fruit for at least 30 minutes. Place fruit on skewer, alternating types. Grill or broil for 6-8 minutes. Baste with marinade as needed.